

Lotion Requirement

For hospital-based massage therapy you will be required to use a hypoallergenic, unscented lotion with a pump-top dispenser.

Oil is not a good choice because it mostly sits on top of the skin. Cream is also not a good choice because it may require double-dipping and/or cause too much traction on fragile skin.

If the medical center does not provide the lotion for you recommended lotions for HBMT include:

PurePro Hypoallergenic massage lotion

Can be purchased online through: <http://www.purepro.com>

Epicuren Discovery Fresh Unscented After Bath Body Moisturizer

Can be purchased online through [Amazon Smile](#)

SacredEarth Botanicals® unscented massage lotion

Can be purchased online through [Amazon Smile](#)

Biotone Advanced Therapy Massage Lotion OR gel

Can be purchased online through [Amazon Smile](#)

Soothing Touch Unscented Jojoba Massage Lotion

Can be purchased online through [Amazon Smile](#)

8 oz. bottle suggested. To carry your lotion you will also need a large scrub top/pants pocket, or a massage lotion holster.

If using a non-single use lotion container, wash the container with soap and water at the start and end of your onsite visit and use alcohol swabs to clean the dispenser between patients.