

# Hospital-Based Massage Therapy

## **Dress Code**

Dressing appropriately supports a professional working atmosphere and fosters a relationship of confident referrals. Please dress modest, tidy and professional. When engaged in patient-care activities maintain a modest, clean, professional appearance and consider the following guidelines.

Body fitting clothes are not appropriate and anything with a “tight-fit” should be avoided. Denim jeans are also not appropriate for therapists working in a clinical center setting.

Please be conscious of the “fit” of your clothes when you are standing vs. leaning over.

Be modest with how much “skin” is shown. Female therapists please watch the décolleté’ line and sleeve length. Shirts with a medium length sleeve are preferred. The small cap-sleeves are a little too daring.

- Shoes should have a closed toe and closed heel or heel strap
- Underwear should be concealed, with color and outline not noticeably visible
- Hair should be tidy and if long enough, tied back neatly and securely
- Nails kept clean and short
- Jewelry small and kept to a minimum
- Gum, sunglasses and bulky sweaters left in the car
- Tattoos and body piercings covered
- Name badges on clear display at or close to tunic neckline

## **Large pockets, a fanny/waist pack or lotion holster required**

There is no space available to store therapists’ personal belongings in the medical center setting. Anything you carry in (lotion, business cards, sunglasses, water bottle, car keys) needs to be carried in your possession at all times.