

# GREET THE DAY

## Hospital Based Massage Therapy

### **Competency Development**

- 1) Navigating the hospital and hospital protocols
- 2) Navigating the unit
- 3) Sourcing the massage roster
- 4) Finding the appropriate staff member for patient intake
- 5) Completing staff/patient intake in a time-efficient manner
- 6) Interacting with staff in a friendly, professional, and not overly familiar way
- 7) Noticing non-verbal staff signals
- 8) Integrating with the hospital-based care team
- 9) HIPAA compliance
- 10) Maintaining a calm disposition while working in a changing environment
- 11) Referring staff to the appropriate resource for massage schedule inclusion
- 12) Communicating with patients about their massage options
- 13) Using your regular voice
- 14) Assessing the patient for contraindications and massage modifications
- 15) Noticing non-verbal patient signals
- 16) Arranging patient space and massage set up
- 17) Positioning patient for comfort
- 18) Positioning yourself for comfort
- 19) Slowing down in use of words and movements beyond the delivery of massage
- 20) Adapting massage for patient safety
- 21) Incorporating still touch to all massage sessions
- 22) When appropriate following up with staff post massage
- 23) Completing accurate (room#/name), relevant and succinct chart notes
- 24) Sharing core considerations relevant to HBMT massage
- 25) Describing benefits of HBMT
- 26) Describing massage pressure modifications
- 27) Regular use of patient feedback forms
- 28) Clarifying GTD's role in integrative care
- 29) Clarifying the role of massage in integrative care